

Author	Title	Location of Teaching	Media	Publisher/Date
Chodron, Pema	Awakening Compassion		6 cassettes	Sounds True, 1995
Chodron, Pema	Noble Heart: a Self-guided Retreat on Befriending Your Obstacles		6 cassettes	Sounds True, 1998
VDKR	2006 Guided Meditations from the Nyingma Summer Seminar	Phuntsok Choling	MP3 Disc	Wisdom Publications, 2006
VDKR	37 Practices of a Bodhisattva	Pema Osel	MP3 Disc	Wisdom Publications, 2007
VDKR	Bodhicitta: Guided Meditations on Relative and Absolute Bodhicitta	Compilation	MP3 Disc	Wisdom Publications 2007
VDKR	Bodhicitta: The Main Path of the Mahayana	Phuntsok Choling	MP3 Disc	Wisdom Publications, 2009
VDKR	Bodhisattvacharyavatara Chapter 6: Patience	Lotus Garden	MP3 Disc	Wisdom Publications, 2007
VDKR	Bodhisattvacharyavatara Chapter 9: Wisdom	Rangjung Yeshe Gomde	MP3 Disc	Wisdom Publications, 2007
VDKR	Bodhisattvacharyavatara Chapters 1-5	Lotus Garden	MP3 Disc	Wisdom Publications, 2006
VDKR	Bodhisattvacharyavatara Chapters 1-6	Rangjung Yeshe Gomde	MP3 Discs 1 & 2	Wisdom Publications, 2005
VDKR	Bodhisattvacharyavatara Chapters 7-8	Rangjung Yeshe Gomde	MP3 Discs 1 & 2	Wisdom Publications, 2006
VDKR	Chopa Series	Personal Links	MP3 Disc	Wisdom Publications, 2003
VDKR	Essential Buddhist Topics 2008: Bodhicitta	Pema Osel	MPE Disc	Wisdom Publications, 2008
VDKR	Exposing Shenpa	Shambhala Center of New York	MP3 Disc	Wisdom Publications, 2004
VDKR	Four Marks of Existence, The	Pema Osel	MP3 Disc	Wisdom Publications, 2006
VDKR	Guiltlessness in Dharma Practice	Rangjung Yeshe Gomde	MP3 Disc	Wisdom Publications, 2004
VDKR	How to Progress on the Spiritual Path in Modern Times	Shambhala Center of New York	MP3 Disc	Wisdom Publications, 2006
VDKR	Lenchak	Compilation	MP3 Disc	Wisdom Publications, 2004-2006
VDKR	Lojong: Seven Points of Mind Training	Vajradhara Gompa, Australia	MP3 Disc	Wisdom Publications, 2001
VDKR	Lotaylinkgyur: A Talk on Devotion	Personal Link	CD Disc	Wisdom Publications, 2006
VDKR	Madhyamika: The Open Door to Emptiness	Vajradhara Gompa, Australia	MP3 disc	Wisdom Publications, 2003
VDKR	Mahayana Seminar 2009: How to be a Bodhisattva in Modern Times	Pema Osel	MP3 Disc	Wisdom Publications, 2009
VDKR	Ngondro Retreat 1994		MP3 Disc	Wisdom Publications
VDKR	Ngondro Retreat 1996		MP3 Discs 1 & 2	Wisdom Publications
VDKR	Ngondro Retreat 1999		MP3 Discs 1 & 2	Wisdom Publications
VDKR	Ngondro Retreat 2000	Phuntsok Choling	MP3 Discs 1 & 2	Wisdom Publications

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VDKR	Ngondro Retreat 2000	Phuntsok Choling	MP3 Disc 3	Wisdom Publications
VDKR	Nyingma Summer Seminar 1993	Lone Hawk Farm	MP3 Discs 1 & 2	Wisdom Publications
VDKR	Nyingma Summer Seminar 1995	Lone Hawk Farm	MP3 Discs 1 & 2	Wisdom Publications
VDKR	Nyingma Summer Seminar 1997	Lone Hawk Farm	MP3 Discs 1 & 2	Wisdom Publications
VDKR	Nyingma Summer Seminar 2001	Phuntsok Choling	MP3 Discs 1 & 2	Wisdom Publications
VDKR	Nyingma Summer Seminar 2002 (Atisha's Seven Points of Mind Training)	Phuntsok Choling	MP3 Discs 1 & 2	Wisdom Publications
VDKR	Nyingma Summer Seminar 2003 (37 Practices of a Bodhisattva)	Phuntsok Choling	MP3 Discs 1 & 2	Wisdom Publications
VDKR	Nyingma Summer Seminar 2004 (Exposition of Bodhicitta)	Phuntsok Choling	MP3 Discs 1 & 2	Wisdom Publications, 2004
VDKR	Nyingma Summer Seminar 2005 (Nagarjuna's Letter to a Friend)	Phuntsok Choling	MP3 Discs 1 & 2	Wisdom Publications, 2005
VDKR	Nyingma Summer Seminar 2006 (The Middling Stages of Meditation)	Phuntsok Choling	MP3 Discs 1 & 2	Wisdom Publications, 2006
VDKR	Nyingma Summer Seminar 2007 (The Heart Sutra)	Phuntsok Choling	MP3 Discs 1 & 2	Wisdom Publications, 2007
VDKR	Nyingma Summer Seminar 2008 (Blade Wheel of Mind Transformation)	Phuntsok Choling	MP3 Discs 1 & 2	Wisdom Publications, 2008
VDKR	Nyingma Summer Seminar 2009 (Seven Points of Mind Training)	Phuntsok Choling	MP3 Discs 1 & 2	Wisdom Publications, 2009
VDKR	Riwo Sangcho Practice	Pema Osel	MP3 Disc	Wisdom Publications, 2006
VDKR	Shedra 2001: Madhyamika	Phuntsok Choling	MP3 Disc	Wisdom Publications
VDKR	Shedra 2002: Uttaratantra Shastra	Phuntsok Choling	MP3 Discs 1 & 2	Wisdom Publications
VDKR	Shedra 2002: Uttaratantra Shastra	Phuntsok Choling	MP3 Disc 3	Wisdom Publications
VDKR	Shedra 2003: Abhisamaya-alankara I	Phuntsok Choling	MP3 Discs 1 & 2	Wisdom Publications
VDKR	Shedra 2003: Abhisamaya-alankara I	Phuntsok Choling	MP3 Disc 3	Wisdom Publications
VDKR	Shedra 2004: Abhisamaya-alankara II	Phuntsok Choling	MP3 Discs 1 & 2	Wisdom Publications
VDKR	Shedra 2005: Abhisamaya-alankara III	Phuntsok Choling	MP3 Discs 1 & 2	Wisdom Publications, 2005
VDKR	Shedra 2006: Madhyamakavatara I	Phuntsok Choling	MP3 Discs 1 & 2	Wisdom Publications, 2006
VDKR	Shedra 2007: Madhyamakavatara II	Phuntsok Choling	MP3 Discs 1 & 2	Wisdom Publications, 2007
VDKR	Shedra 2008: Mulamadhyamakakarika I	Phuntsok Choling	MP3 Discs 1 & 2	Wisdom Publications, 2008
VDKR	Teachings on Love	Compilation	MP3 Disc	Wisdom Publications, 2007
VDKR	Turning One's Mind Towards the Dharma & Taking Refuge	Phuntsok Choling	MP3 Disc	Wisdom Publications, 2007
VDKR	Understanding Mind's True Quest	Shambhala Center of New York	MP3 Disc	Wisdom Publications, 2007

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VDKR	Vajrayana Seminar 2006: Dream Yoga	Pema Osel	MP3 Disc	Wisdom Publications, 2006
VDKR	Wisdom That Penetrates Modern Culture	Shambhala Mountain Center	MP3 Disc	Wisdom Publications, 2006
VDKR	Words of My Perfect Teacher 2003	Phuntsok Choling	MP3 Discs 1 & 2	Wisdom Publications
VDKR	Words of My Perfect Teacher 2003	Phuntsok Choling	MP3 Disc 3	Wisdom Publications
VDKR	Words of My Perfect Teacher 2004	Phuntsok Choling	MP3 Discs 1 & 2	Wisdom Publications
VDKR	Words of My Perfect Teacher 2005	Phuntsok Choling	MP3 Discs 1 & 2	Wisdom Publications, 2005