

MSB General Information Letter

Thank you for expressing an interest in our organization. We warmly welcome you to take advantage of the following study and practice opportunities that Mangala Shri Bhuti (MSB) offers to the general public:

- Contact us at khenchungbob@mangalashribhuti.org to learn how you can study and practice under the guidance of Dzigar Kongtrul Rinpoche.
- Learn more about the MSB organization through our website at <http://www.mangalashribhuti.org/>
- Read Dzigar Kongtrul Rinpoche's books:
 - *It's Up to You: The Practice of Self-Reflection on the Buddhist Path* (Shambhala Publications)
 - *Light Comes Through: Buddhist Teachings on Awakening to Our Natural Intelligence* (Shambhala Publications)
 - *Uncommon Happiness* (Rangjung Yeshe Publications)
 - *Like a Diamond: Transformation in the Three Yanas* (Palri Editions)
 - Purchase the above books at:
<http://www.mangalashribhuti.org/html/book/index.html>
- Listen to free audio recordings of Dzigar Kongtrul Rinpoche at: <http://www.mangalashribhuti.org/html/listen/index.html>

- Purchase recommended audio recordings of Dzigar Kongtrul Rinpoche at:
<http://www.mangalashribhuti.org/html/book/index.html>
- Attend public teaching and practice programs. Learn more at:
<http://www.mangalashribhuti.org/html/programs/index.html>
- Visit a local MSB center. To find out if a center is close to you go to:
<http://www.mangalashribhuti.org/html/centers/index.html>
- Join the MSB email distribution list by contacting us at
msbsecretary@mangalashribhuti.org