

CONTENTS

<i>Editor's Preface</i>	<i>vii</i>
<i>Acknowledgments</i>	<i>xi</i>
<i>Introduction</i>	<i>xiii</i>

PART ONE: THE FIVE SELF-CENTERED EMOTIONS

1. Self-Clinging: The Juice of Self-Centered Emotions	3
2. Guilty as Charged!: A Case against Jealousy	9
3. The Other Side of the Fence: A Case against Aggression	17
4. Invisible Strings: A Case against Attachment	29
5. Entering the Circle of Dogs: A Case against Arrogance	39
6. Connecting Seed and Fruit: A Case against Stupidity	47

PART TWO: WORKING WITH OTHERS

7. The <i>Lenchak</i> Dynamic: Not a Healthy Kind of Love	55
8. Part of the Equation: No Room for Indifference	65
9. Putting Others in the Center: The Fundamental Principle	69
10. Faith: Opening the Shutters	75

11. Working with a Teacher: Not a One-hand Clap	81
12. Devotion and Lineage: From the Womb of the Mother	89
PART THREE: TEACHINGS ON EMPTINESS	
13. Mere Appearance: Thinking like an Elephant	97
14. The Haunted Dominion of the Mind: Shaken from Within	103
15. The “Unfindability” of Phenomena: Disassembling Delusion	113
16. Light Comes Through: Potential and Entirety	119
 <i>Recommended Reading</i>	 123
<i>Mangala Shri Bhuti Centers</i>	125