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EVENT NOTICE

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Dzigar Kongtrül Rinpoche Discusses His New Book at First Congregational Church

“This is a wonderful fresh look at the amazing potential of our human mind.”
—Pema Chödrön, author of *When Things Fall Apart*

What: Boulder Book Store presents a reading and book signing with Dzigar Kongtrül Rinpoche for his new book *Light Comes Through*

Date: Monday, July 21, 2008

Time: 7:30 pm

Location: First Congregational Church, 1128 Pine Street, Boulder, CO 80302

More info by calling (303) 447-2074 or at www.boulderbookstore.com.
For more information about the author visit www.mangalashribhuti.org.

June 17, 2008—Join Boulder Book Store as they present an evening with esteemed teacher and author Dzigar Kongtrül Rinpoche at the First Congregational Church in Boulder. The author will discuss his new book, *Light Comes Through: Buddhist Teachings on Awakening to Our Natural Intelligence*, published by Shambhala Publications in July of 2008.

His first book, *It's Up to You: The Practice of Self-Reflection on the Buddhist Path*, introduced a method for gaining freedom from suffering through insight into the way we participate in its creation. *Light Comes Through* promises to provide more of the same life-changing insights. In it, he shows us how to skillfully use our natural intelligence as a tool to let “light come through”—to awaken to the joyous nature of mind.

Descending from a pure lineage of the Nyingma tradition of Tibetan Buddhism, **Dzigar Kongtrül** moved to the United States in 1989 to begin a five-year tenure at Naropa University. He later founded his own Buddhist teaching center, Mangala Shri Bhuti, located in Boulder, Colorado.

Praise for *Light Comes Through*:

"This slender book has wisdom for practitioners of all levels. . . . There is a comforting bravery in [Kongtrül's] thinking that clarifies the differences between 'trying to arrange the world according to our preferences' and 'delighting in the way our experience naturally unfolds.' This is a suitably calm and graceful pathway illuminated by a Buddhist master."—*Publishers Weekly*

"This is a wonderful fresh look at the amazing potential of our human mind. In the innovative and accessible style he is famous for, Dzigar Kongtrül continues to challenge and encourage us."—Pema Chödrön, author of *When Things Fall Apart* and *Practicing Peace in Times of War*

"*Light Comes Through* is an inspired, well-written, and creative examination of topics such as faith, romance, developing happiness for others, and facing our own suffering with perspective and compassion. It is a wonderful guidebook for living a very different kind of life."—Sharon Salzberg, author of *Lovingkindness: The Revolutionary Art of Happiness*

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