

## VAJRA GURU MANTRA RECITATION

MSB students at every level of practice are encouraged to recite the Vajra Guru mantra, both in formal sessions and in post-meditation, with the aim of reciting a total of 100 million mantras over a lifetime. These mantras can be accumulated in the shrine room, while driving, or at any other time. While reciting, one should aspire to be reborn in Guru Rinpoche's pure realm in the next life.

On May 30, 2004 (Personal Link #198), Rinpoche summarized the significance of aspiring to be reborn in this pure realm. To stream this talk on your computer, see:

[http://mangalashribhuti.cleverspin.com/MSB\\_PL/list.php](http://mangalashribhuti.cleverspin.com/MSB_PL/list.php)

Here is an excerpt from this talk:

“If we can do as many Vajra Guru mantras as possible every day, consistently trying to strengthen our connection and devotion to Guru Rinpoche, and to deepen our commitment to meet with him in the next life, then, by the end of our life, we will have accumulated many mantras, and we will be reborn on the Glorious Copper-Colored Mountain. Faced with the suffering of samsara in this life, we have been very lucky to come in contact with the Dharma and the Nyingma lineage, and to be doing the practices Guru Rinpoche left for our benefit. So we can live this life fully, and then die with a secure mind, thinking, ‘I will continue my path on the Glorious Copper-Colored Mountain,’ rather than, ‘I’ll be like a feather in the wind.’”