Pema Ösel Do Ngak Chöling

Visitor’s Guide
Travel, Directions, Accommodations, Dining, and Events FAQ

Pema Ösel Do Ngak Chöling
322 Eastman Cross Road
Vershire, VT 05079
(802) 333-4521
pemaosel@mangalashribhuti.org

Pema Ösel Do Ngak Chöling is located in east central Vermont, a beautiful area of rolling hills and river valleys, not far from the Connecticut River and the New Hampshire border. Hanover, New Hampshire, (home of Dartmouth College), is 30 minutes south of the center. Boston is 3 hours by car, and New York City is a 5 hour drive. There is no cell phone service within a 10-mile radius of the center.

EVENTS FAQ

Where do I stay?
There are no accommodations at Pema Osel itself. For a list of accommodations in the area, see Accommodations below.

How much walking should I expect to do?
The parking area is a few hundred feet from the main shrine hall. The terrain is hilly and grassy. There are gravel pathways, and walking shoes with rubber soles are best for this terrain.

What if I have special needs such as limited mobility or hearing impairment?
Pema Osel is accessible to individuals with mobility impairments or other disabilities. Please contact us if you have any special needs, regarding any questions or concerns you might have.
**Can I bring my cell phone or laptop?**
Yes, but there is no cell reception within a 10-mile radius of Pema Osel, and we do not offer internet access. A landline is available for emergencies only.

**Driving Directions**
(Use google maps for accurate directions and visual maps.)

**Coming from the South on I-91**
- I-91 North to Exit 14 - Thetford
- Head west (left at exit) onto Route 113. Drive through Thetford Hill, Thetford Center, Post Mills, and then into West Fairlee (approx. 8.5 miles)
- In West Fairlee, turn left onto Beanville Road, just past the Getty Gas sign and before the B&B General Store.
- Travel Beanville Road for approx. 2.8 miles, and turn slight right onto Eastman Cross Road.
- (Beanville Road changes its name to South Vershire Road along this route)
- Pema Osel Do Ngak Choling is the first driveway on the right.
  (approx. 0.3 miles)

**Coming from the North on I-89 via Chelsea, VT**
- From I-89 S, take Exit 5 for VT-64
- Head east (turn right) toward Williamstown on VT-64 (approx. 5 miles)
- Turn right onto VT-14 S/Main St for approx. 1 mile
- Turn left onto Chelsea Rd for approx. 6 miles
- Turn right onto VT-110 S, approx. 4 miles
- From Route 110, take Route 113 east toward Vershire for 7 miles.
- Make at Vershire Center Road and follow it for .8 miles.
- When you come to the T at the top of the road, turn left to stay on Vershire Center Road for another 1.3 miles.
- Stay right at the next fork in the road and continue for 1.4 miles.
- At the bottom of a long hill, take a left onto Eastman Cross Road.
- Pema Osel is the third driveway on the left, (0.3 mile) just past the
small red cabin.

**Coming from the North on I-91**
- From I-91 S, take exit 15 toward US-5/Fairlee/Orford NH
- Head west on VT-244, 5.6 miles to Post Mills, going by Lake Fairlee
- Turn right onto VT-113W, for 1.6 into the village of West Fairlee
- In West Fairlee, turn left onto Beanville Road just past the Getty Gas sign and before the B&B General Store.
- Travel Beanville Road for approx. 2.8 miles, and turn slight right onto Eastman Cross Road.
- (Beanville Road changes its name to South Vershire Road along this route)
- Pema Osel Do Ngak Choling is the first driveway on the right. (0.3 mile)

**Public transportation**

**Traveling to Vermont by Air**
- Lebanon Municipal Airport – Lebanon, NH
- Logan Airport – Boston, MA (3 hours by bus to Hanover, NH)
- Manchester Airport Manchester, NH
  (1.5 hours to Hanover, NH; a few buses each day)
- Burlington International Airport – Burlington, VT (no transportation other than car rental)

**Traveling to Vermont by Bus**
Dartmouth Coach: Buses from Boston’s South Station and Logan Airport to Hanover NH, and from New York City to Hanover. For detailed information, call (800) 637-0123 or (603) 448-2800 or see website: [www.dartmouthcoach.com](http://www.dartmouthcoach.com)

Greyhound: Manchester Airport to Hanover, NH. The information is not on their website. You must call (802) 295-3011 for detailed information.

**Traveling to Vermont by Train**
Amtrak’s “Vermonter” service from Washington and New York arrives daily in White River Junction, Vermont. Contact Amtrak for more detailed information at [www.amtrak.com](http://www.amtrak.com)
Accommodations
Pema Osel has no accommodations, but there are various places to stay in the area. A number of small towns, from 10 to 45 minutes away, offer accommodations. The larger towns in the area—Norwich, White River Junction, and Barre, Vermont; and Hanover and Lyme, New Hampshire—have hotels.

The accommodations listed below are organized by proximity to the center. They include hotels, motels, bed and breakfasts, and camping. Please check with innkeepers for current prices.
If you would like to explore other locations, see www.travel-vermont.com or http://www.dartmouth.edu/apple/visiting/lodging.html for complete lists of accommodations.

10-20 minutes from Pema Osel:

The Stagecoach Stop Hostel, Vershire, VT
http://vershare.org/hostel.html
(4 beds available)
reservations@vershare.org
802-685-7823 - Please call before 8 pm Eastern time

The Cottages at Post Mills
www.flypmsc.org/cottages.htm
(only open mid-May until mid-Oct.)
Post Mills, VT 05058
802-333-9254

Devil’s Den Bed & Breakfast
www.devilsdenfarm-bandb.com
PO Box 41 396 VT 110
Chelsea, VT 05038
802-685-4582

Lake House Inn
Post Mills
Route 244
Thetford, VT
802-333-4025

Silver Maple Lodge
http://www.silvermaplelodge.com
520 U.S. Route 5 South · Fairlee, VT 05045
(802) 333-4326

Gove Hill Camp & Conference
http://www.govehillretreat.org/
Gove Hill is a Christian retreat center that offers affordable group housing. To get more information or make reservations, please contact
govehill@abcvnh.org.
1646 Gove Hill Road
Thetford Center, VT 05075
802-785-4000

Camping

Thetford Hill State Park
Open late May - Labor Day
Base Rate $14 - 21+
622 Academy Road
Thetford Center, VT 05074
(802) 785-2266 Summer
(888)409-7579 Reservations

25 to 40 minutes from Pema Osel

Fairlee Motel and Drive-In
www.fairleedrivein.com
1809 US Route 5 North
Fairlee, VT 05045
603-272-5008
Lake Morey Resort
www.lakemoreyresort.com
(Restaurant on premises)
1 Clubhouse Road
Fairlee, VT 05045
802-333-4311 or 800-423-1211

White Goose Inn
www.whitegooseinn.com
422 Rt. 10
Orford, NH 03777
603-353-4812

Grand View Sheep Farm
www.grandviewfarmvt.net
1638 Scales Hill Road
Washington, VT 05675
802-685-4693

Dowd’s Country Inn
www.dowdscountryinn.com
9 Main Street
Lyme, NH 03768
603-795-4712

Lyme Inn
www.thelymeinn.com/
(Restaurant on premises)
1 Market Street  Lyme, NH 03768
(603) 795-4824

Loch Lyme Lodge (21 cabins)
www.lochlymelodge.com
70 Orford Rd
Lyme, NH 03768-3420
603-795-2141
Breakfast on the Connecticut (B&B)
www.breakfastonthect.com
651 River Road
Lyme, NH 03768
603-353-4444

Trumbull House (B&B)
www.trumbullhouse.com
40 Etna Road
Hanover, NH 03755
603-643-2370

The Hanover Inn
www.hanoverinn.com
(Restaurant on premises)
2 S. Main Street
Hanover, NH 03755
603-213-4300

The Chieftain Motor Inn
www.chieftaininn.com
84 Lyme Road
Route 10 North
Hanover, NH 03755
603-643-2550

The Norwich Inn
www.norwichinn.com
(Restaurant on premises)
325 Main Street
Norwich, VT 05055
802-649-1143

Hotel Coolidge
www.hotelcoolidge.com
(Restaurant on premises)
39 S. Main Street
White River Junction, VT 05001
802-295-3118

**White River Hampton Inn**
[http://hamptoninn.hilton.com](http://hamptoninn.hilton.com)
104 Ballardvale Road
White River Junction, VT 05001
802-296-2800

**Super 8 White River Junction**
[www.super8.com](http://www.super8.com)
422 N. Hartland Road
White River Junction, VT 05001
802-295-7577

**Econo Lodge**
[www.econolodge.com](http://www.econolodge.com)
91 Ballardvale Drive
White River Junction, VT 05001
802-295-3015

**Shady Lawn Motel**
[http://shadylawnvermont.com](http://shadylawnvermont.com)
687 Maple St. (route 14)
White River Junction, VT 05001
802-295-7118.

**Comfort Inn**
[www.comfortinn.com](http://www.comfortinn.com)
56 Ralph Lehman Drive
White River Junction, VT 05001
802-295-3051 or 802-295-5990

**Holiday Inn Express & Suites**
[www.hiexpress.com](http://www.hiexpress.com)
121 Ballardvale Drive
White River Junction, VT 05001
802-299-2700

**Camping**
Jacobs Brook Campground
www.jacobsbrookcampground.com
46 High Bridge Road
Orford, NH 03777
603-353-9210

Pastures Campground
www.thepastures.com
Route 10
Orford, NH 03777
603-353-4579

Rest N Nest Campground
www.restnnest.com
300 Latham Road
East Thetford, VT 05043
802-785-2997

Storrs Pond Campground
www.storrspond.org/activities/camping
P O Box 106 (Reservoir Road)
Hanover, NH 03755
603-643-2134

40-55 minutes from Pema Osel

Three Stallion Inn
www.threestallioninn.com
665 Stock Farm Road
Randolph, VT 05060
802-728-5575

Hollow Inn & Motel
www.hollowinn.com
278 S. Main Street
Barre, VT 05641
802-479-9313
Capitol Plaza Hotel
www.capitolplaza.com
100 State Street
Montpelier, VT 05602
802-223-5252

Comfort Inn & Suites at Maplewood
comfortinn.com
213 Paine Turnpike North
Montpelier, VT
(802) 229-2222 •

Camping

Lazy Lions Campground
lazylions.com
281 Middle Road
Barre, VT 05641
(802) 479-2823

DINING

20 minutes from Pema Osel

Whistlestop Café
176 US Route 5
Fairlee, VT
802-331-1100

Holy Mackerel
Fresh fish market with tables (fresh on Mon & Thu)
Main St.
261 Route 5 North
Fairlee, VT
802-333-9286
Leda’s Pizza Restaurant
Greek food, pizza. Closed Tuesdays.
Route 5 (near Silver Maple Lodge)
Fairlee, VT
(802) 333-4773

Fairlee Diner
Route Five
Fairlee VT
802-333-3569

Isabell’s Café
Serves breakfast and lunch
Closed Sundays.
3052 Route 5
East Thetford, VT
(802) 785-4300

25 + minutes from Pema Osel

Hungry Bear Pub & Grill
http://hungrybearpubandgrill.com/
776 Lower Plain
Bradford, VT
(802) 222-5288

Colatina Exit
colatinaexit.com/
Italian cooking
164 Main Street
Bradford, VT
(802) 222-9008

Ariana’s at Bunten Farmhouse Kitchen
arianasrestaurant.com/
Closed Tuesday and Sunday
Reservations suggested, dinner only
1322 Route 10
Orford, NH
(603) 353-9252

**Peyton Place**
http://www.peytonplacerestaurant.com/
Reservations required
76 Sawyer Brook Road
Orford, NH
(603) 353-9100

**Stella’s Kitchen**
www.stellaslyme.com/
5 Main Street
Lyme, NH
(603) 795-4302

30+ minutes South of Pema Osel

**Allechante**
www.allechantevt.com/
Bakery and café
289 Main St  Norwich, VT 05055
(802) 649-2846

**Carpenter & Main**
http://www.carpenterandmain.com/
326 Main St.
Norwich , VT
(802) 649-2922

**Boloco**
boloco.com
wraps/burritos, salads, smoothies
35 S. Main Street
(603) 643-0202

**C & A Pizza**
candapizza.net
17 Lebanon Street
Hanover, NH 03755
(603) 643-2966

**Courtyard Café**
Hopkins Center for the Arts, Dartmouth College  
(salads, sandwiches, wraps)  
Rear entrance on Lebanon Street opposite League of N.H. Crafts  
Friday, Saturday, and Sunday: open until 10 p.m.

**Canoe Club**
www.caonoeclub.us  
Upscale American cuisine  
27 S. Main Street  
(603) 643-9660

**Dirt Cowboy Cafe**
www.dirtcowboycafe.com/  
7 South Main Street  
Hanover, NH 03755  
(603) 643-1323

**Everything but Anchovies**
http://www.ebas.com  
(“EBAs”): pizza, pasta, sandwiches, and more  
Friday, Saturday, and Sunday: open until 2 a.m.  
5 Allen Street  
(603) 643-6135

**Jewel of India**
www.interdial.net/jewel  
27 Lebanon St.  
Hanover, NH 03755  
603-643-2217

**Lou’s Restaurant & Bakery**
www.lousrestaurant.net/  
30 South Main Street  
Hanover, NH  
(603) 643-3321
**Market Table**
www.markettablenh.com/
open daily 8:00 am to 9:00 pm
prepared foods to go
44 south main street
Hanover, NH
(603) 376-7996

**Molly’s Restaurant & Bar**
www.mollysrestaurant.com/
pizza and pub fare
43 S. Main Street
Hanover, NH
(603) 643-2570

**Murphy’s on the Green**
www.murphysonthegreen.com/
American and pub fare, local ingredients
11 S. Main St.
Hanover, NH
(603) 643-4075

**Orient Chinese and Japanese Restaurant**
www.hanoverorient.com
3 Lebanon Street
(603) 643-8888

**Ramunto’s Brick and Brew Pizzeria**
ramuntospizza.com/
9 South St  Hanover, NH 03755
(603) 643-9500

**Salt Hill Pub, Bar & Grill**
hanover@salthillpub.com
7 Lebanon Street, Suite 103
Hanover, NH 03755
(603)676-7855
Umpleby’s Bakery & Café
http://www.umplebys.com/
3 South Street
Hanover, NH 03755
(603) 643-3030

Yama Restaurant II
Japanese and Korean food
Friday, Saturday, and Sunday: open until 10 p.m
74 S. Main Street
Hanover, NH
(603) 643-4000

Grocery Stores

Baker’s General Store
Open Mon. to Fri. 6 a.m. to 9 p.m., weekends 6:30 a.m. to 9 p.m.
7788 Rte. 113
Post Mills, VT
(802) 333-9170

Hanover Coop
http://www.coopfoodstore.com/
Open daily 8 a.m. to 8 p.m.
45 South Park Street, Hanover, NH 03755
(603) 643-2667

Dan & Whit’s
http://www.danandwhits.com/
Vermont General Store
Open daily 7 a.m. to 9 p.m.
Thanksgiving and Christmas from 7 a.m. to 12 p.m.
319 Main Street  Norwich, VT 05055
(802) 649-1950

Flanders Market
Open Mon. to Fri. 6 a.m. to 9 p.m., weekends 7 a.m. to 9 p.m.
259 Route 110
Chelsea, VT 05038
(802) 685-3085

**Upper Valley Food Co-Op**
www.uppervalleyfood.coop
Cooperatively owned natural foods market
193 North Main Street
White River Junction, VT 05001
(802) 295-5804

**Wing’s Market**
Open Sun. to Thurs. 6 a.m. to 9 p.m., Fri./Sat. 6 a.m. to 10 p.m.
9 Route 5
Fairlee, VT 05045
(802) 333-9790